



SYSTEM UNIVERSAL HEALING TAO SLOVAKIA

Invites all Tai chi friends, Tao instructors and listeners of Tao School on

Summer Chikung Retreat in Slovakia Tatras 27th August - 01th Sept. 2022

In the summer we have a 6 days intense focus on Chi Kung series 1&2. We will teach methodology of Craniosacral and wisdom chikung form. Subsequently in second part of retreat will continue to apply Stem cell chikung and 5 elements chikung form

During retreat the individual can be evaluated from chikung instructor level 1.

Participant will learn to apply 4 chikung forms in daily life.

Schedule of retreat:

Saturday:

"14 00 Arriving and accommodation, acclimatisation

"19 30 - 20 30 **Registration and introduction**

From Sunday till Wednesday:

"07 00 - 08 00 Morning detox and energetic warm up

"10 00 - 12 00 Morning Theory & Practice – chikung series 1&2 forms

"Local walks, relaxation, lunch time ...Evaluations for Chikung instructor level 1

"15 00 - 17 00 Afternoon Theory & Practice – chikung series 1&2 forms

"17 15 - 18 00 Taoyin

Thursday: 07 00 - 08 00 Morning warm up & 5 elements form
10 00 - departure

Additional program available who stay longer:

06 00 - 14 00 whole day trip Žiarska chata, Šarafins waterfall in beautiful West Tatras mountains

06 00 - 14 00 half-day trip to Salaš Pastierka

"Daily local walking around (Weiči -go on terrace) or petang, minigolf

Prices: Summer 6 days intensive retreat of Chikung series 1, 2 in Tatras Slovakia

Chi Kung serie 1 forms 150€

Chi Kung serie 2 forms 150€

Total complete 6 days Chikung retreat 250€

Chikung instructor level 1 Evaluation 50€

Place: Hotel Spojár – Heart of beautiful West Tatras www.spojar.sk

(10km from Liptovský Mikulaš (LM) direction to Žiar, 300m behind village)

300 km from Bratislava, direct train to LM with bus transfer to hotel

Accommodation: night per person 17€ two beds room/ single 25€

Food: on the place ala cart, or half pension 22€

Accommodation and boarding will pay every person on the Reception

Registration: by mail, taojoga@taojoga.sk or via telephone, or personally.

At the same time is necessary soon, places are limited, latest till end of June

Pay via banking transfer non-refundable registration deposit 100€. The rest is paid at registration on place.

Name and address of bank account:

Mgr, Július Masarovič - LIEČIVÁ TAO ALCHÝMIA
IBAN SK43 1100 0000 0026 2581 8442 BIC (SWIFT) TATRSKBX
In remark put the whole name of participant

Team of UHT Slovakia



Lecturer: Július Masarovič, senior instructor of the Universal Healing Tao system. Working in system for over 15 years, and has been trained for under Master Mantak Chiu in Tao Garden, Thailand. Graduate Master of Physics, 10 years of practice in brokerage, banking, graduate of Traditional Chinese Medicine in Phototherapy and Chinese Dietetics. He has experience, practice in Zen meditations and unify scientific knowledge with old Taoist practices. He specializes in Inner Alchemy. He is member of Council of 9, country Coordinator for V4 and Slovakia. Over 15 years he trained and methodically taught over 2,000 students. Since 2004 he has been running and running Tao School, where he trained 25 certified instructors



Assisting Lecturer: Martina Medvecká, certified instructor of the Universal Healing Tao System, practitioner and teacher of the Chineitsang Massages. Working for the last 5 years full-time as a Tao instructor and lecturer. She graduated from the Pedagogical Faculty of the University of Bratislava. She worked for senior management in travel and IT company, certified coach diploma. She is a certified graduate of the IZI LLC method, led by Dr. Hew Lena (Knowing My Own through the Hooponopono Technique). She is a graduate of the Yoga course in everyday life, the Silva Method of Mind Control and Angelic Healing. She has consecration to Imara Reiki.



Assisting Lecturer & Translator Jozef Neubauer, certified instructor of the Universal Healing Tao System. He has active sportsman background and investigation carrier. He has experience in Zen meditations.

Contact us: 00421 905 253 978, E-mail: taojoga@taojoga.sk, http: www.taojoga.sk